



Scuttlebutt

SEPT 2007

A Squid newsletter for Doc's of all Services!

HELP WANTED

Hello everyone, Sorry the newsletter is rolling out a bit late this month, quite a bit has happened with the Corpsman.com Family. I wanted to go over a bit and finish with a blurb of thought.

My wife was just hired with the Cancer Treatment Center of America as a Stem Cell Transplant Nurse. This is the job she has coveted since she was in High School. She worked in ICU at another hospital after she got her license, then this baby opened up. I wanted to say Congrats to her!

On my front, I finally am getting all my retirement stuff in order. For those of you who know me, it has taken a while to get my VA benefits as well as Retirement benefits to co-exist. This month marks the first time I will be compensated correctly. I have been told that mine went relatively quickly, I thank the VA of North Chicago and Also the board in Salt Lake City, Utah for moving mine along so quickly. Others aren't quite so quick. This whole process is nerve wracking but now is complete.

DeeDee (Editor) and Rob (Corpsman.com Head Bartender) are both adjusting to having sent their son to IRAQ. He left Sunday. My thoughts and prayers are with you DeeDee, Rob. If you are interested in helping Corpsman.com sponsor 1/10 over in Iraq please contact DeeDee @ deedee@corpsman.com.

CrazyCajun (Co-Honcho with me) is gearing up to leave for Iraq as well. His unit is due to leave right after the 1st of the year. Then after he gets back, he will be retiring in early 2009. Congrats Doc!

Kaymansim, was accepted to and is kicking ass @ Surgical Technician School in San Diego, CA. Folks this guy came into the Navy kicked ass and took names. The names he took were those who needed a helping hand from a tutor and he did this all the way through Corps School, and is now doing the same thing in Surg Tech School. I know if he were only to think for himself, he would probably be the #1 Student at both Schools. Kyle though has learned the motto, leave no one behind. Congrats HN Murphy!

PegasusHM is a instructor @ Corps School. He keeps us in the loop of the newest info for Corps School. You can usually track him down at our Chats on Tuesday and Thursday Nights. (2100-2300 EST.)

HMC-FMF-PJ, going to school and keeping the entire Corpsman, Vet, Spouse community moti—moti—motivated @ Corpsman.com. He is our Wiki_Chief-ia..

8404. Always Quick to lend a hand on the forums. Doesn't matter who you are or when you drop a line, Tony is quick to guide it to the right person. His son has just been accepted and will be reporting to Long X-ray tech School in San Diego, Congrats Tony and HM3.

Why do I list all of these and how do I know about everyone? I also know about quite a few more folks on our site. You see Corpsman.com is not just a website to pass info, It's a

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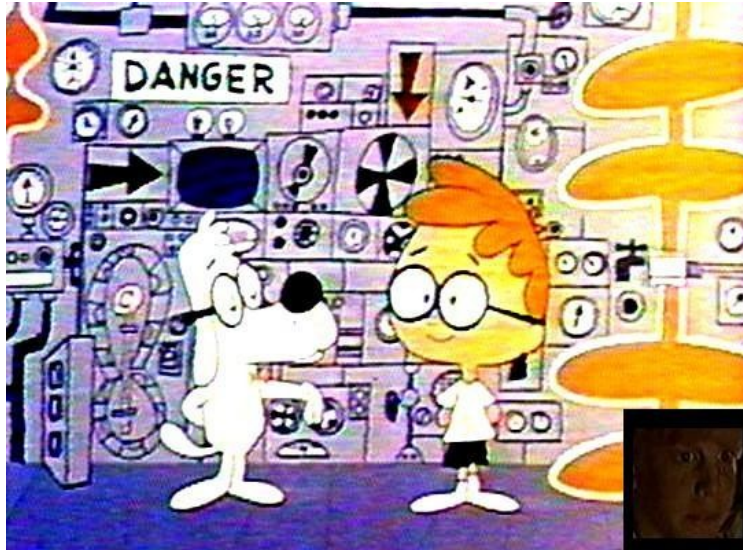
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Rant from Da-Chief by HMC Darrell Crone

State of Corpsman.com

Nothing is for free.

Entry to the WAYBACK Machine..



CrazyCajun & Da-Chief operating the Wayback Machine

Helmet.....
Check

Seatbelts....
Check....
Power on,
Settings, **July 2004.**

A mild mannered Chief takes over Corpsman.com. We have approximately 30 visitors per month to our site. The site itself is static; nothing has changed for a few years. I don't have any experience in running a website. What I do have though is a drive to help out and communicate with my fellow brothers and sisters who are serving but also develop a portal to help out veterans, family members and recruits.

Enter *Wayback* Machine; reset to **21 Sept 2007.**

Today we have on average over 40+ visitors a day. We have over 830 Signed up users on our forums.

Offer a Forum that is top notch so we can communicate with each other, folks as far away as Japan, Germany, or Iraq post regularly.

We have thousands of entries in our forums.

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Host updated Bibliographies for Advancement Exams.

Radio/NetCasts

Online Chats hosted twice a week, (Tuesday & Thursday Nights 2100-2300 EST).

I now have others who are officially on staff,

CrazyCajun (HMC SW/AW/FMF Barling) – All things Tech!

DeeDee Reno Editor - Official Corpsman.com Newsletter

Kyle *Kaymanism* Murphy Official Corpsman.com Photographer

So you can see we have come a long way. We are also about to go to Corpsman.com 3.0 in the next week and half or so. I realize with change sometimes comes apprehension. Please give it a chance; I feel that this change is needed for not only you but we the staff as well.

So why am I blathering on about this? Well we are in need of Sponsors. If you want to give to the site we appreciate the support, you can do so by using the donate button on the Corpsman.com Page. I can assure you, monies donated to the site are used for the upkeep as well up upgrade of the site software and systems. We have had to buy multiple copies of Microsoft Office, Upgrades for the System, as well as we finally just received our new Audio Mixer! (Finally!!!).

Money does not grow on trees yet, so once a year you will get your . . .

Corpsman.com Telethon message from me. This is it. Please donate to our site!! It is appreciated.

I would like to thank AndiRRT and her Hubby (JarHeadJohn), for donating to sponsor 10 of our Podcasts. This was a “EXTRODINARY” donation. I appreciate her being the Plankowner to sponsoring a podcast in their names.

You can do the same, if interested, please contact me @ admin1@corpsman.com.

As always, I want to thank those who do make this place run, the names listed above but also you the Doc's and families, Friend, Recruits etc.. Without you, I would still have my 30 Visitors a month.

Darrell *Da-Chief* Crone

Corpsman.com

ACROSS THE YEARS

SCUTTLEBUTT

In response to one of the Da Chief's updates on the history of the Hospital Corps, I decided to look a couple of things on the Internet. I emailed the results to the Da Chief and he asked me to do an article for The Scuttlebutt concerning the results of my research about some figures for HMs in the Vietnam War.

But as I was trying to come up with a few lines to go in the newsletter, I came upon one of those old, dusty memories. It was my first day in Corps School and we were setting in an auditorium at NHCS, San Diego in October 1968. We didn't have to wait for a class to make, they were sending at least one class, if not two, through in a week at San Diego. NHCS Great Lakes was doing the same. As the CWO began his welcoming speech, one of the first points that he made to us was that Pharmacists Mates had won 8 of the 15 Medals of Honor awarded to enlisted Naval personnel during World War II. The motivational speech went on from there.

I read a lot of the posts to the websites, even though I don't comment often. Corps School has changed a lot since my time there. We went to class 8 hours a day, 5 days a week. We stood 3 or 4 section duty, the old fire watch. Each company had their own area of responsibility to clean at NCHS and there was a weekly Captain's inspection. We could go on liberty if we didn't have the duty, but on the \$40 we got twice a month, you couldn't do much. You had to wear dress uniform off the base, but you could store your civvies in an off base locker. No blue jeans though in the 11th Naval District. You could catch 3 movies at 5 different places for between 50 cents to \$1. You could also go across the border to Tia Juana, where you could drink if you were under 21, couldn't do it at the E club or in Dago unless you were 21. Drinking was not as frowned upon in those days. What are you going to do with 18 and 19 year olds who knew there was a very good chance of going to Nam. Most of us hadn't been very far from home before. I joined 4 days after I turned 18. You knew that if you flunked out or were thrown out, orders would be immediately cut to send you to Naval Base Da Nang to unload ships, etc. You could be set back if you failed a test, but everyone wanted to stay with the Company.

I can ramble on, so here are the stats that I pulled from Wikipedia with a correction of one of Da-Chief's stats. HMs won 4 Medals of Honor during the Vietnam War. Robert Ingram was awarded the MOH in 1998. This accounted for, by my count, for 4 of the 15 won by ALL Naval personnel in RVN. Of the 2565 Naval KIAs in Vietnam, 620+ were HMs. Almost 25%. Of the 4178 Naval WIAs in Vietnam, 3353 were HMs. More than 75%.

I'm not trying to scare anyone off with these numbers, I'm just relating the fact that Navy Corpsmen are part of an elite corps that goes back over a 100 years. I'm proud to have served with many Corpsmen from WWII and Korea, albeit one of their subordinates. At FMSS, the instructors there told those of us going to Kaneohe MCAS would be serving with Chief "Gunny Lou" Legarie (sic) who had won the Silver Star. The "gunny" was the one who came into dispensary's MAA's office and said, "Well, you got the orders you wanted, 1st Mar Div (RVN). We had been told that there were no orders being cut for RVN, 18 sets came down one day, the next day 9 of us asked the HMCM for orders and received them within 2 weeks.

I was lucky. I came back in one piece. I wear a black bracelet for a comrade, Joe W. Norwood, who wasn't so lucky; he just went a little earlier than I did. Since then, it has been an honor to be part of this historical United States Naval Hospital Corps. A friend of mine, one of the paramedics who worked in the ER and for the local Fire Dept., served in Iraq from about October 2004 for his 7 month tour as a HM2 in the Reserves with 23rd Marines Scout Sniper platoon. He had spent 10 years as a 0331 in the Corps. Needless to say, he wasn't just a HM. As if just being a Hospital Corpsman isn't enough.

I guess my point is that it is indeed an honor to be part of something as special as the Hospital Corps. I have served with veterans from as far back as WWII and count as friends those who have served in Iraq. It has stayed with me and I am still in the medical field. One of my first civilian jobs in the field was given to me by a retired HMCM – that of an industrial medic.

Semper Fi,
Ben Psencik, HM3, 1st MarDiv RVN
Now
RN, FNP-C, CEN
(Family Nurse Practitioner, Certified Emergency Nurse)



The photo - I'm on the left Terry Williamson is on the right.
A standard salute to the beautiful country and its wonderful creature comforts.

Tomb of the Unknown Soldier

Interesting Facts



1. How many steps does the guard take during his walk across the tomb of the Unknowns and why?

21 steps. It alludes to the twenty-one gun salute, which is the highest honor given any military or foreign dignitary.

2. How long does he hesitate after his about face to begin his return walk and why?

21 seconds for the same reason as answer number 1

3. Why are his gloves wet?

His gloves are moistened to prevent his losing his grip on the rifle.

4. Does he carry his rifle on the same shoulder all the time and if not, why not?

He carries the rifle on the shoulder away from the tomb. After his march across the path, he executes an about face and moves the rifle to the outside shoulder.

5. How often are the guards changed?

Guards are changed every thirty minutes, twenty-four hours a day, 365 days a year.

6. What are the physical traits of the guard limited to?

For a person to apply for guard duty at the tomb, he must be between 5' 10" and 6' 2" tall and his waist size cannot exceed 30." Other requirements of the Guard: They must commit 2 years of life to guard the tomb, live in a barracks under the tomb, and cannot drink any alcohol on or off duty for the rest of their lives. They cannot swear in public for the rest of their lives and cannot disgrace the uniform {fighting} or the tomb in any way. After two years, the guard is given a wreath pin that is worn on their lapel signifying they served as guard of the tomb. There are only 400 presently worn. The guard must obey these rules for the rest of their lives or give up the wreath pin. The shoes are specially made with very thick soles to keep the heat and cold from their feet. There are metal heel plates that extend to the top of the shoe in order to make the loud click as they come to a halt. There are no wrinkles, folds or lint on the uniform. Guards dress for duty in front of a full-length mirror. The first six months of duty a guard cannot talk to anyone, nor watch TV. All off duty time is spent studying the 175 notable people laid to rest in Arlington National Cemetery. A guard must memorize who they are and where they are interred. Among the notables are: President Taft , Joe E. Lewis {the boxer} and Medal of Honor winner Audie Murphy, {the most decorated soldier of WWII} of Hollywood fame. Every guard spends five hours a day getting his uniforms ready for guard duty.

ETERNAL REST GRANT THEM O LORD, AND LET PERPETUAL LIGHT SHINE UPON TH EM.

In 2003 as Hurricane Isabelle was approaching Washington, DC, our US Senate/House took 2 days off with anticipation of the storm. On the ABC evening news, it was reported that because of the dangers from the hurricane, the military members assigned the duty of guarding the Tomb of the Unknown Soldier were given permission to suspend the assignment. They respectfully declined the offer, "No way, Sir!" Soaked to the skin, marching in the pelting rain of a tropical storm, they said that guarding the Tomb was not just an assignment, it was the highest honor that can be afforded to a serviceperson. The tomb has been patrolled continuously, 24/7, since 1930. - **Thanks Marie Wolfe for sending this in**

CHILI RECIPE

Many years ago, when New England winters were full of snow and ice, there were meals made for those cold winters. There was Chicken Stew, Beef Stew, the occasional Brunswick Stew and of course all the chicken pot pies a young kid could chow down on.

I learned to cook, not by watching my mother in the kitchen but by watching my father on an open fire whether it be camping or just in the back yard on a grill.

The chili recipe you are about to try is not from those days. I created this one in an effort to make a chili that had the flavor and a hint of the heat. If you wish to add more of the hot stuff you are welcome to do so.

Ingredients

- 1 large onion
- 2 cans chili beans (hot or mild) 15 oz
- 1 can black beans 15 oz
- 3 table spoons of chili seasoning (add more to taste) I use several!!!
- 1 pound of ground beef (may substitue turkey)
- 1 large green pepper (or Yellow or red to make it look nicer)
- 2 Habenaero peppers (for weaker pallets- go with a milder pepper like jalepenos)
- 3 teaspoons of salt or salt substiute
- 3 teaspoons white pepper
- 1/4 cup sugar (I have used maple syrup)
- 2 cans 15 oz of diced tomatoes (rotel diced green chili and tomatoes works good and you can use this as one of the peppers above)
- 1 can (small I think what 3 oz?) tomato paste
- 1 12 oz can of beer (if you are not allowed any alcohol, use O'Doul's)

Do not drain any fluid from the canned items, this is what gives it the liquidy/ soupy effect but not enough to make it too runny.

Empty all canned items into a large pot (regular crock pot won't hold it all) add sugar salt and white pepper

chop the onion as small as desired. (I like to cut it into rather large chunks) do the same to the green pepper
Split open the peppers from tip to stem ----- DO NOT separate, they MUST stay intact

Remove seeds from peppers- place onions in the pot.

Take dental floss and tie to end of stems on peppers , make it long enough to have a longgggg tail six inches long or so. Place in center of pot after stirring contents well. Tie loose end to a spoon so you won't lose it in the chili.

Set burner to medium, stir contents occasionally.

Brown meat, drain off fat. While cooking the meat, cover with chili seasoning (this seasoning is in addition to the amt listed above) .

lastly add the sugar, mix it in good then add the beer.

The chili should be ready when it boils. Stir it taste test it as you go. If the temperature from the peppers is too much remove the peppers. Add more tomatoes to help combat the fire.

When its ready, remove the peppers on a string, and either add them (minus the floss of course) to your bowl or give them to some one who can handle them. Wussy!!!!

You are welcome to share it, modify it and even use it in a fund raiser cook book, but if you do, I get credit for it.

Spoon a mouthful and enjoy!!!!

Dennis Lee
Puckmedic

Band-aids for the Medic-Corpsman Soul

By Kerry "Doc" Pardue

September 8, 2007

REF: Salute to Minorities and Multi-Nationals in the Military

Dear Kerry Pardue;

Greetings from the African American Cultural Council of Virginia (AACC), a non-profit, tax-exempt organization. Formed in 1995, our mission is to research, identify, and honor the contributions of the multi-cultural Armed Forces communities and those individuals who provide significant support and are often overlooked.

This year we will pay tribute to Combat Medics, Veterans, active duty military, and the civilians who helped and/or are helping our veterans and active duty military men and women in various ways. This includes Honorees of any race, gender, branch of service, and at any time of service.

Our tribute to honor would not be complete without Honorees, which is why we are extending an invitation to you to serve as one of our Honorees for this momentous and historical event. You have been chosen because you exemplify and illustrate milestones made by minorities in the military and/or have had a positive impact on the diversification of our country and communities.

This special "LIVING HISTORY" salute will take place in Virginia Beach, VA on October 20, 2007 from 6:30-10:00 PM at the Crowne Plaza Hotel on Bonney Road. We hope you accept our invitation to say THANK YOU for your dedicated and unselfish service to your country.

Past Honorees included, the Men of the Pea Island Life Saving Station (the last 2 surviving members); the first African American female Coast Guard enlistee; the survivors and adopted children of the Operation Babylift C5A crash; multi-nationals who fought with us in Vietnam from Australia, Ireland, Vietnam, and Japan; the Navajo Code Talkers; the Golden Thirteen, and the Triple Nickels Parachute Infantry.

Please notify me if you will be able to join us for this momentous event. I may be reached via phone or e-mail. If you accept, please forward a brief biographical sketch and black/white photo on/or before October 8, 2007. You may fax printed materials if it is more convenient. Upon receipt of your acceptance, we will forward a formal Honoree package and additional literature.

Respectfully submitted with gratitude;

Ms. Freddi E. Moody, President AACC
lewisfem@cox.net
freddi.moody@tns-mi.com
757-363-0994 fax

Congratulations to Kerry "Doc" Pardue for such a prestigious honor

Way to go Pardue - from everyone here at Corpsman.com

I'm a big fat loser.

By Charles Blalock

While that may be an accurate statement regarding my social skills, I'm referring more to the 75 lbs I've lost since March of this year. Through a lot of hard work, determination and outright stubbornness I've been able to get myself physically ready for service to this great country that I love dearly. I feel its only fair though to backtrack and give you all the full story.

I've always been a gifted athlete. I was a three sport letterman in high school, went to college on a scholarship to play soccer. While I've always had natural gifts, I've always had to work harder than the next guy to prove myself and earn a spot. I've always had to stay longer in the gym or after practice or go to more training camps. I've always had a proverbial chip on my shoulder and have been a perpetual underdog. While I played football and wrestled, my real passion was soccer; goalkeeper to be specific. At 5'9" I wasn't exactly a towering presence in a 8'x24' goal. But I worked hard. I wanted it more than those guys.

Determination and competitiveness were gospel around my house growing up. My father was the middle of three boys, only a year separating each of them. He was the smallest guy on his high school football team in Alabama. He was always told he was too small, too slow, that he wouldn't cut it. But he did, because he wanted it more and because he worked harder. Quitting was never an option. 99% wasn't good enough. If you were going to commit to something, you didn't stop until it was done. This was the value taught to him by his father who drove a landing boat at Normandy. A value that was reinforced when my father joined the Navy as a nuke submariner in the middle of the 70's and throughout the Cold War. A value that applies to sports, academics, work, relationships – everything in life, this is my family's creed. Now, all of this isn't to say that my father didn't allow failure or was one of those insane parents you see on the sidelines at little league; he just believed in doing things right the first time, every time and to give everything you did all you had.

So I graduate high school at 17, heading off to college in North Carolina. Over the course of the season, I break my nose and hyper-extend my back several times due to collisions. There are questions on whether or not I'll be able to play at this level any more due to the nerve that was now pinched in my lower back. As if this wasn't enough to handle at 17, my dad calls to tell me that mom has asked for a divorce. Now, up until this point – I'd never had a drink, never smoked a cigarette, never done anything to jeopardize what I worked so hard for. So, logically – I decided it was time I did all those things as well as sleep with anything that had a pulse. My grades obviously fell through the floor, my mood was nothing short of depressed, and I had no support system. Fall break comes and I pack all my stuff and just decide not to come back. A decision that continues to haunt me even now. Quit isn't in my vocabulary, remember?

I coast through life for the next few years, still in that awkward stage between teenager and adult. Partying was the #1 priority of course. This is when my weight starts careening out of control. I can't possibly work out, my back is in too bad of shape. I can't do this, I can't do that...I was the king of excuses.

So now it's over ten years later, and I've finally had it up to my neck with my dead end job. I've been an "Executive Assistant", fancy word for "secretary whipping boy" for six and a half years now. I've always excelled on my reviews, but I've had one raise in that time. I've been promised promotions and they go to other people who'd rather play politics than work. A friend of my wife tells her that her husband has decided to enlist, something Kel and I have kicked around before, but I always had an excuse. Not enough pay, my back would DQ me, etc. This time, we get serious about it. Only problem is that I'm pushing 270 lbs. I commit to her and myself, that if I can get in shape – we'll go to a recruiter and see what our options are.

I decided that all those excuses I'd been clinging to forever were done. I knew in my heart I was full of it, now it was time to get over myself and meet this goal. The lingering failure of dropping out of school propelled me forward. I was determined to succeed for several reasons. One, I wanted to be proud of the job that I did. Dreading going to work was not how I was going to live the rest of my life. Two, I wanted my son to be proud when he goes to school and says "my daddy is a [blank]". Lastly, I wanted to make my father proud. He'd never been condescending or negative about my college failure, but I wanted to give back to him the ability to brag on his son and stand tall.

The story continues on the next page —————>

I'm a big fat loser—(continues)

I go to my doctor and she gives me some ground rules for a diet. Cut my calories down to 1200-1500. Base most of that in fruits and vegetables. No whites – no white flour, no sugar, no milk (skim or soy only), no cheese, no salt, no eggs. I show her the exercise program I've read about on the internet. She's never heard of it, but says it should be fine. I started based on a website www.gymjones.com (<http://www.gymjones.com/>) – these are the guys who trained the actors to be Spartans in the movie 300. It's based on a system called CrossFit. The idea is that your body all works as one, so it should be trained as one piece. Lots of full body exercises – Kettlebells, pull-ups, pushups, sit-ups, dead lifts, Olympic lifts, box jumps, etc. All at full speed, full intensity. No more sitting around the gym chit chatting. You work as hard as you can for the full cycle of the exercises.

It is by far one of the hardest things I've ever done. On top of this program, I also ran 3-5 times per week at least 2-3 miles initially. Now I wasn't very fast in the beginning, but I was determined. It was astonishing how quickly the weight started coming off and how quick the strength gains were showing up. Clothes started fitting looser, people started noticing and asking if I was losing weight. This just added fuel to the fire. I weighed myself every morning. Some weeks I'd drop as much as six pounds. This really started worrying my wife, so I went to the doc again.

She ran the blood work and urinalysis and it all came back with flying colors. I was dropping fat, building muscle and cleansing my body at an amazing rate. There were a lot of times that it was very hard to stick to things, I just love food. I'll be honest with you, I miss cheese. I have a borderline scandalous love for cheese that some would call outright lust. Cheese, if you're reading, I still love you – we'll see each other soon.

Here's how I got through those days. I made up something I called my 3Ds. Determination and Discipline DAILY. Ok, so it's not going to sell a lot of books, but it worked for me. I had to decide EVERY day, what is more important to me – eating that candy bar or meeting my goal? If I got "hunger pains", I'd drop and do twenty pushups just as a reminder that I'm not really that hungry. I'm just bored. If I'm watching TV with my wife or son, commercials come on – I'd do a max set of pushups and/or sit ups.

Now, after 6 months of hard work and determination – I'm property of the US Navy. I report to RTC on Mar 10 2008, almost exactly a year after I started this quest which just seems fitting. I'm thankful to God every day that he's blessed me with this opportunity and the determination, drive and familial support to allow me to succeed.



Before - March 2007



AFTER - September 2007

Bits and Pieces

The Silent Corps

From the halls of Montezuma
To the shores of Tripoli
They have fought our countries battles
On the land and on the sea.

From the far north of Frozen Chosin
To the swamps of Vietnam
From the sands of Iwo Jima
To the oil fires of Saddam

We have taken to the enemy
The wrath of freedom's might
We have fought for God and country
To preserve all free men's rights

As the Marines goes proudly forward
Bringing battle to the foe
So then to in shadow lockstep
Does the Navy Corpsman go.

In a thousand bloody battles
In forests, swamps and sand
This bearded angle of mercy
Is always close at hand.

Together we have bled and died
As a group a tight knit band
On many different foreign shores
In many far away lands.

And in the final counting
When the final muster is called
To those that proudly served our Corps
And those that gave their all

When the Army and the Navy
Ever gaze on Heaven's scenes,
They will find the streets are
Guarded By United States Marines

And if they look beyond the gates
In the shadows proud and tall
They will see them silently standing there
The DOCs who gave their all.

HMC(SW/FMF) Higgins

A Poem

A fart it is a pleasant thing,
It gives the belly ease,
It warms the bed in winter,
And suffocates the fleas.

A fart can be quiet,
A fart can be loud,
Some leave a powerful,
Poisonous cloud.

A fart can be short,
Or a fart can be long,
Some farts have been known
To sound like a song.....

A fart can create
A most curious medley,
A fart can be harmless,
Or silent , and deadly.

A fart might not smell,
While others are vile,
A fart may pass quickly,
Or linger a while.....

A fart can occur
In a number of places,
And leave everyone there
With strange looks on their faces.

From wide-open prairie,
To small elevators,
A fart will find all of
Us sooner or later.

But farts are all bad,
Is simply not true-
We must never forget.....
Sweet old farts like you!

Kinda brings a tear to your eye, right?

WORD OF THE MONTH

Nephrogenic Diabetes Insipidus definition: In lay terms, NDI can be described as a condition in which the kidneys do not respond to a signal from the anti-diuretic hormone, arginine vasopressin (AVP). Thus, the kidneys are unable to reabsorb the water that passes through a part of them called the collecting duct, and therefore they cannot balance body water. This results in the NDI patient voiding large amounts of dilute urine, while leaving the body short of water.

Thanks to Stephen Higgins for this months submission

In Remembrance of Those We Have Lost

Spc. Dustin M. Adkins - Finger, Tennessee
Spc. Nathaniel A. Aguirre - Carrollton, Texas
Seaman Apprentice Zachary M. Alday - Donalsonville, Georgia
Staff Sgt. Charles D. Allen - Wasilla, Alaska
Col. Brian D. Allgood - Oklahoma
Sgt. David J. Almazan - Van Nuys, California
Petty Officer 2nd Class Michael C. Anderson - Daytona, Florida
Capt. Tamara L. Archuleta - Los Lunas, New Mexico
Hospital Corpsman 2nd Class Cesar O. Baez - Pomona, California
Sgt. Ronald W. Baker - Cabot, Arkansas
Sgt. Michael C. Barry - Overland Park, Kansas
Sgt. Ryan J. Baum - Aurora, Colorado
Staff Sgt. Richard A. Blakley - Plainfield, Indiana
Chief Petty Officer Matthew J. Bourgeois - Tallahassee, Florida
Pfc. Matthew C. Bowe - Coraopolis, Pennsylvania
Sgt. Jeffery S. Brown - Trinity Center, California
Spc. Taylor J. Burk - Amarillo, Texas
Spc. Jonathan D. Cadavero - Tuxedo, New York
Staff Sgt. Damion G. Campbell - Baltimore, Maryland
Cpl. Richard P. Carl - King Hill, Idaho
Petty Officer 3rd Class David A. Cedergrene - South St. Paul, Minnesota
Hospitalman Matthew G. Conte - Mogadore, Ohio
Staff Sgt. Heathe N. Craig - Severn, Maryland
Spc. Richard M. Crane - Independence, Missouri
Pfc. Branden C. Cummings - Titusville, Florida
Spc. Edgar P. Daclan Jr. - Cypress, California
Pfc. Norman Darling - Middleboro, Massachusetts
Cpl. Jason B. Daniel - Fort Worth, Texas
Sgt. David J. Davis - Mount Airy, Maryland
Petty Officer 3rd Class Lee Hamilton Deal - West Monroe, Louisiana
Spc. Michael A. Diraimondo - Simi Valley, California
Hospitalman Lucas W.A. Emch - Kent, Ohio
Spc. Peter G. Enos - South Dartmouth, Massachusetts
Petty Officer 2nd Class Allan M. Cundanga Espiritu - Oxnard, California
Cpl. Adam J. Fargo - Ruckersville, Virginia
Pfc. Gabriel J. Figueroa - Baldwin Park, California
Hospital Corpsman 3rd Class John T. Fralish - New Kingstown, Pennsylvania
Spc. Ray M. Fuhrmann II - Novato, California
Cpt. Anthony R. Garcia - Fort Worth, Texas
Spc. Christopher A. Golby - Johnstown, Pennsylvania
Cpl. Billy Gomez - Perris, California
Capt. Sean Grimes - Southfield, Michigan
Cpl. Aaron M. Griner - Tampa, Florida
Chief Warrant Officer Hans N. Gukeisen - Lead, South Dakota
Staff Sgt. Jason Hicks - Jefferson, South Carolina
Sgt. Anton J. Hiett - Mount Airy, North Carolina
Pfc. Melissa J. Hobart - Ladson, South Carolina
Spc. Christopher J. Holland - Brunswick, Georgia
Lt. Col. Daniel E. Holland - San Antonio, Texas
Petty Officer 3rd Class John D. House - Ventura, California
Sgt. 1st Class Merideth L. Howard - Alameda, California
Sgt. Matthew D. Hunter - Valley Grove, West Virginia
Sgt. Wakkuna A. Jackson - Jacksonville, Florida
Petty Officer 2nd Class Jaime S. Jaenke - Bay City, Wisconsin
Staff Sgt. Tricia L. Jameson - Omaha, Nebraska
Chief Warrant Officer Philip A. Johnson Jr. - Mobile, Alabama
Hospital Corpsman 3rd Class Michael Vann Johnson Jr. - Little Rock, Arkansas
Staff Sgt. Jude R. Jonaus - Miami, Florida

Capt. Gussie M. Jones - Shreveport, Louisiana
Hospitalman Aaron A. Kent - Portland, Oregon
Spc. Michael G. Karr Jr. - San Antonio, Texas
Spc. Christopher M. Katzenberger - St. Louis, Missouri
Staff Sgt. Dale J. Kelly Jr. - Richmond, Maine
Hospitalman Chadwick T. Kenyon - Tucson, Arizona
Spc. James C. Kesinger - Pharr, Texas
Sgt. Timothy C. Kiser - Tehama, California
Pfc. Garrett C. Knoll - Bad Axe, Michigan
Sgt. Bryan W. Large - Cuyahoga Falls, Ohio
Spc. Jeremy M. Loveless - Estacada, Oregon
Master Sgt. Michael Maltz - St. Petersburg, Florida
Chief Warrant Officer Ian D. Manuel - Jacksonville, Florida
Hospitalman Robert N. Martens - Queen Creek, Arizona
Spc. Conor G. Masterson - Inver Grove Heights, Minnesota
Spc. Marquis J. McCants - San Antonio, Texas
Cpl. Stephen M. McGowan - Newark, Delaware
Hospitalman Joshua McIntosh - Kingman, Arizona
Sgt. Phillip D. McNeill - Sunrise, Florida
Petty Officer 3rd Class Fernando A. Mendez Aceves - Ponce, Puerto Rico
Petty Officer 1st Class Gilbert Minjares Jr. - El Paso, Texas
Sgt. Steven P. Mennemeyer - Granite City, Illinois
Pfc. Harrison J. Meyer - Worthington, Ohio
Spc. James H. Miller IV - Cincinnati, Ohio
Petty Officer 3rd Class David J. Moreno - Gering, Nebraska
Sgt. 1st Class Marcus V. Muralles - Shelbyville, Indiana
Spc. Russell H. Nahvi - Arlington, Texas
Spc. Paul T. Nakamura - Santa Fe Springs, California
Petty Officer 3rd Class Marcques J. Nettles - Beaverton, Oregon
Hospitalman Kyle A. Nolen - Ennis, Texas
Spc. Charles E. Odums II - Sandusky, Ohio
Spc. Justin B. Onwordi - Chandler, Arizona
Capt. Maria I. Ortiz - Bayamon, Puerto Rico
Hospitalman Geovani Padilla Aleman - South Gate, California
Sgt. Roger P. Pena Jr. - San Antonio, Texas
2nd Lt. Emily J.T. Perez - Texas
Spc. Jose A. Perez III - San Diego, Texas
Sgt. Johnny J. Peralez Jr. - Kingsville, Texas
Ensign Jerry O. Pope II - Tallahassee, Florida
Sgt. Tyler D. Prewitt - Phoenix, Arizona
Senior Airman Jason Plite - Lansing, Michigan
Spc. Robert S. Pugh - Meridian, Mississippi
Sgt. Timothy R. Osbey - Magnolia, Mississippi
Spc. Tamarra J. Ramos - Quakertown, Pennsylvania
Spc. David J. Ramsey - Tacoma, Washington
Spc. Omead H. Razani - Los Angeles, California
Sgt. Michael T. Robertson - Houston, Texas
Petty Officer 3rd Class Manuel A. Ruiz - Federalsburg, Maryland
Spc. Ryan D. Russell - Elm City, North Carolina
Seaman Charles O. Sare - Hemet, California
Airman 1st Class Jesse M. Samek - Rogers, Arkansas
Spc. Matthew J. Sandri - Shamokin, Pennsylvania
Sgt. 1st Class Benjamin L. Sebban - Chattanooga, Tennessee
Sgt. Jeffrey R. Shaver - Maple Valley, Washington
Pfc. Harry N. Shondee Jr. - Ganado, Arizona
Pfc. Steven F. Sirko - Portage, Indiana
Spc. Christopher F. Sitton - Montrose, Colorado
Maj. Charles R. Soltes Jr. - Irvine, California

Sgt. 1st Class Christopher James Speer - Albuquerque, New Mexico
Spc. Lance C. Springer II – Fort Worth, Texas
Lt. Col. John Stein - Bardolph, Illinois
Sgt. David A. Stephens - Tullahoma, Tennessee
Sgt. 1st Class John S. Stephens - LaGrande, Oregon
Sgt. 1st Class John T. Stone - Norwich, Vermont
Cmdr. Adrian B. Szwec - Chicago, Illinois
Lt. Cmdr. Jane Elizabeth Lanham (Tafoya) - Owensboro, Kentucky
Petty Officer 1st Class Jeffrey S. Taylor - Midway, West Virginia
Lt. Col. Mark D. Taylor - Stockton, California
Staff Sgt. John Teal - Dallas, Texas
Capt. John R. Teal - Mechanicsville, Virginia
Staff Sgt. Michael D. Thomas - Seffner, Florida
Petty Officer 3rd Class Christopher W. Thompson - North Wilkesboro, North Carolina
Spc. Douglas L. Tinsley - Chester, South Carolina
Sgt. Lee D. Todacheene - Farmington, New Mexico
Pfc. David T. Toomalatai - Neenah, Wisconsin
Spc. Angelo J. Vaccaro - Deltona, Florida
Sgt. Nathan J. Vacho - Janesville, Wisconsin
Chief Warrant Officer Brian K. Van Dusen - Columbus, Ohio
Sgt. Travis A. Van Zoest - Larimore, North Dakota
Spc. Brian A. Vaughn - Pell City, Alabama
Staff Sgt. David M. Veverka - Jamestown, Pennsylvania
Sgt 1st Class Ruben J. Villa Jr. - El Paso, Texas
Pfc. Kenneth G. VonRonn - Bloomingburg, New York
Spc. Javier A. Villanueva - Temple, Texas
Sgt. Jeffery C. Walker - Havre de Grace, Maryland
Spc. Ryan D. Walker - Stayton, Oregon
Master Sgt. Thomas A. Wallsmith - Carthage, Missouri
Petty Officer 2nd Class Christopher G. Walsh - St. Louis, Missouri
Pfc. Rowan D. Walter - Winnetka, California
Petty Officer 3rd Class Jeffery L. Wiener - Louisville, Kentucky
Spc. Jeffrey A. Williams - Warrenville, Illinois
Pfc. Eric P. Woods - Omaha, Nebraska
Petty Officer 3rd Class Julian Woods - Jacksonville, Florida
Sgt. James R. Worster - Broadview Heights, Ohio
Spc. Benyahmin B. Yahudah - Bogart, Georgia
Petty Officer 3rd Class Travis L. Youngblood - Surrency, Georgia

(HELP WANTED - Continued from Page 1)

community. We all care, fight, bicker, cry for each other. No one takes things personal and we all have that guiding area in our hearts to reach out to Doc's, their families, Vets, Recruits, of all services. We get back down to the deck-plates and communicate.

I challenge each and every one of you who are reading this newsletter to come and visit Corpsman.com!

Join the Scuttlebutt Forums, they are free of charge, you don't have to pay a dime to be with us.

If you do like our site and like what we are doing though, things are not free here to those of us running the site. We do take donations, just hit the donate button. All proceeds go to the upkeep to Corpsman.com, (Note we are not a Non-Profit Organization, although we have never made a profit!) to keep it running and for upgrades.

Please visit, get involved and just say "Howdy"

Looking forward to seeing you..

Darrell Da-Chief Crone

HMC(AW) USN(Ret)

Corpsman.com SPORTS

MAJOR LEAGUE BASEBALL STANDINGS

AS OF 09/24/07

American League

W L GB

EAST

Boston Red Sox	92	64	—
New York Yankees	90	66	2.0
Toronto Blue Jays	79	77	13.0
Baltimore Orioles	66	89	25.5
Tampa Bay Devil Rays	64	92	28.0

CENTRAL

Cleveland Indians	92	63	—
Detroit Tigers	85	71	7.5
Minnesota Twins	76	79	16.0
Chicago White Sox	68	88	24.5
Kansas City Royals	67	88	25.0

WEST

Los Angeles Angels	92	64	—
Seattle Mariners	83	72	8.5
Oakland Athletics	75	82	17.5
Texas Rangers	72	84	20.0

National League

W L GB

EAST

New York Mets	87	68	—
Philadelphia Phillies	85	71	2.5
Atlanta Braves	82	74	5.5
Washington Nationals	69	87	18.5
Florida Marlins	66	90	21.5

CENTRAL

Chicago Cubs	83	73	—
Milwaukee Brewers	79	76	3.5
St Louis Cardinals	73	82	9.5
Cincinnati Reds	71	85	12.0
Houston Astros	68	88	15.0
Pittsburgh Pirates	66	90	17.0

WEST

Arizona Diamondbacks	88	68	—
San Diego Padres	85	70	2.5
Colorado Rockies	84	72	4.0
Los Angeles Dodgers	80	76	8.0
San Francisco Giants	69	87	19.0

CORPSMAN.COM FANTASY BASEBALL STANDINGS (Scores as of 9/24/07)

Team	Wins	Losses	Ties	Games Back	Owner
Pardue's Medics	140	69	11	--	Doc_Pardue
CT Country Ham	110	104	6	32.5	Puckmedic
Chicago Stompers	90	116	14	48.5	Da-Chief
Dee's Bad News Bears	78	129	13	61	DeeDee

Play-offs in progress - as of this printing

Pardue's Medics were grillin' up some CT Country Ham 8-2 in the battle for the honor and glory of being the Champion of the first Corpsman.com Fantasy Baseball League

While Dee's Bad News Bears and The Chicago Stompers were battling it out for residence in the basement :) Dee's Bears are just bearily holding off the Stompers 5-4

Stay tuned next month when the champion will be announced and saluted by all :)

National Football League

AFC

EAST	W	L	T
New England Patriots	3	0	0
New York Jets	1	2	0
Buffalo Bills	0	3	0
Miami Dolphins	0	3	0

NORTH	W	L	T
Pittsburgh Steelers	3	0	0
Baltimore Ravens	2	1	0
Cleveland Browns	1	2	0
Cincinnati Bengals	1	2	0

SOUTH	W	L	T
Indianapolis Colts	3	0	0
Houston Texans	2	1	0
Jacksonville Jaguars	2	1	0
Tennessee Titans	2	1	0

WEST	W	L	T
Denver Broncos	2	1	0
Kansas City Chiefs	1	2	0
San Diego Chargers	1	2	0
Oakland Raiders	1	2	0

NFC

EAST	W	L	T
Dallas Cowboys	3	0	0
Washington Redskins	2	1	0
New York Giants	1	2	0
Philadelphia Eagles	1	2	0

NORTH	W	L	T
Green Bay Packers	3	0	0
Detroit Lions	2	1	0
Chicago Bears	1	2	0
Minnesota Vikings	1	2	0

SOUTH	W	L	T
Carolina Panthers	2	1	0
Tampa Bay Buccaneers	2	1	0
Atlanta Falcons	0	3	0
New Orleans Saints	0	3	0

WEST	W	L	T
San Francisco 49ers	2	1	0
Seattle Seahawks	2	1	0
Arizona Cardinals	1	2	0
St Louis Rams	0	3	0

CORPSMAN.COM 2007 FOOTBALL LEAGUE STANDINGS

NORTH DIVISION

	W	L	T	Owner
Bethel AK Bare Asps	2	0	0	
Devil Squids	2	0	0	Doc_Newt
Dee's Bears	1	1	0	DeeDee
The Byrdies	1	1	0	DocSpanky
Crone's Raida's	0	2	0	Da-Chief

SOUTH DIVISION

	W	L	T	Owner
Soul Crushers	2	0	0	Doc FMF
The Perfect Team	1	1	0	
ARMY STRONG (Smelling)	1	1	0	Doc_Pardue
Bombed Squad	0	2	0	bobby knoxville
Tennessee Typhoons	0	2	0	puckmedic

Adopt-A-Corpsman/Medic

Deployed personnel who are interested in receiving care packages from Corpsman.com members - please contact DeeDee with your mailing information as well as your wish list :)

AND

Corpsman.com members who are interested in sending packages to deployed personnel. Please contact DeeDee with your full name and email address

As soon as we get a few more people interested in this project I will be emailing members with addresses and wish lists for their deployed person - Lets show our deployed personnel how much we appreciate all that they are doing.

DeeDee can be reached at editor@corpsman.com or deedee@corpsman.com

Looking forward to seeing this program take off



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